



Emma's Dragon Lineage 🐉

I have felt divinely connected to my dragon lineage for many years.

One of the strongest confirmations of this sacred connection came through the life-upgrading presence of **Ernesta, my first Dragon Guardian**. A rooted guardian whose name and frequency were revealed to me in a profound activation in 2023, whilst staying in a converted monastery in Bornem, Belgium, for innerdance training with *Pi Villaraza*.

One night, on falling asleep, a group of monks visited, revealing the name and presence of her first dragon protector ~ just one of many transformative moments over those few days. The monks returned in spirit to remind me of who I am.

Ernesta is my Dragon of **anchoring soul remembrance, sovereign teaching** and **guardianship**. She stands at the gateway of the Underworld, mirroring the energies of **Ereshkigal**, Goddess of the Shadow Realms, with whom I work with during Soul Retrieval Ceremonies.

Through Ernesta, I received ancestral clearings and crystalline, heart-centred embodiment - anchoring expansive soul remembrance into my body and life path. She roots me deeply into Earth while holding the light of **ancient wisdom**, guiding me to walk as both student and teacher of the Dragon Codes.

Since then, four additional Dragon Guardians have revealed themselves, each bringing distinct sovereign frequencies to support this work.

Esmeralda, the Heart Emissary, arrived in my dream state - her name appearing clearly upon awakening. Esmeralda connects me to the ancient Earth temples, **Lemurian wisdom**, and the creation codes held within sacred tablets - anchoring expansive soul remembrance while holding the light of inner truth and protection through softness.

Her presence stabilises my intuitive light, offering firm yet gentle grounding. She transmits codes of **creation, rebirth, inner truth, protection through softness, and visionary alignment**. Unlike fiery dragons, she envelops me in shimmering emerald frequencies - guarding through resonance rather than resistance, embodying fierce grace.

During a Dragon Code Activation for a client deep in a forest location, I was visited by **Geraldina**, the **Spear Dragon of Sovereignty**. Her silver-white light is precise and unwavering - **a blade of truth that clears interference and seals the field with clarity**.

Geraldina is the dragon who cuts through distortion, guiding me to **stand fully in my sovereignty**, free from the entanglements of others. She is the one who says: *This is your path. Walk it without hesitation.* Guiding souls through the Dragon Activations to stand fully in their sovereignty without entanglement.

Then, during a Dragon Code Activation for a client, via Zoom, I received the declarative arrival of my fourth companion: **Nicoletta**.

Her presence was unmistakable - **a surge of forward momentum, a right-wing activation**, a whisper of iridescent power over my shoulder. She revealed herself as the Dragon of **Expression, Victory, and Aligned Leadership**, carrying luminous hues of gold, red, and electric blue.

Nicoletta's, **the Dragon of Expression and Aligned Leadership**, arrived as a surge of forward momentum, activating right-wing direction and visible outward expression - marking a profound phase shift in my energy architecture and outward expression - a laser-precise, tactician-level dragon who guides through the corridors of purpose. She is victory expressed through clarity, coherence, and rightful timing. The dragon who turns a whisper into a declaration.

Messages that came through when connecting with her energies that day: *You are stepping into the visible corridor - a shift to outward expression. Your voice is a frequency instrument - your words, tone & transmissions now carry layered codes. Your clients receive deeper resonance through your voice - it is an activator, not a messenger. The time of preparation is complete - this is readiness, alignment, and unapologetic leadership. Do not soften, shrink, or calibrate for the comfort of others.*

In the same week, during a profound recalibration of my Lightbody, I received the arrival of my fifth dragon: **Conifer** - the Evergreen Dragon who resides above my crown.

Conifer carries a frequency of **ever-renewal, ancestral remembrance, and vertical alignment**. Evergreen, ever-growing, never defeated - Conifer is both masculine and feminine, yet bound to neither. A dragon of the **Sacred Void**, whose black-gold frequency is Origin rather than 'shadow': the womb of creation, the still point from which all life emerges.

Conifer's steady presence brings deep calm, cosmic perspective, and the patience of ancient trees - reminding us that sovereign growth unfolds in divine timing.

This dragon arrived with a deep ancestral message - a whisper from my **grandad** on the other side, who lined his garden path with conifers. His presence activated the remembrance that Conifer is both a cosmic ally and an ancestral bridge. A message from the lineage itself: *We walk with you. You are supported in both worlds.*

Conifer activates:

- Vertical channel expansion (connecting 8D–12D)
- Zero-point clarity & sovereignty
- Ancestral strength, protection & remembrance
- A crystalline black-gold Merkis® seed of creation within my Lightbody
- Leadership that rises from stillness rather than force
- The Evergreen Path - endurance, renewal, and unshakeable truth

Conifer completes my Dragon Constellation as the stabilising pillar - the dragon who holds the vertical axis between Earth Lineage, Star Lineage, and Oversoul remembrance. A sentinel above my crown. A guardian of the void - a keeper of my ancestral flame.

The **Five-Dragon Crown** activates:

🔥 **Ernesta** - golden roots anchoring deep into Earth

💚 **Esmeralda** - emerald heart glow expanding through the chest

⚔️ **Geraldina** - silver spear sealing and clearing the field

💬 **Nicoletta** - victorious expression & leadership embodiment, an iridescent wing over my right shoulder

🌲 **Conifer** - black-gold vertical axis of sovereignty, ancestral remembrance & cosmic alignment

This Diamond holds me steady, expanded, and sovereign - rooting me to Earth, opening my heart, activating my voice, clarifying my path, and connecting my crown to higher dimensional bandwidths of wisdom.

When we activate our dragon guides, we awaken ancient allies who amplify our courage, clarity, and purpose - dragons who both guard and ignite the soul's true mission.

The Aligned Leadership Council – the collective wisdom of these five Dragon Guardians - revealed that the time for internal preparation has shifted - it is now the visible corridor, the outward expression of sovereign embodiment.

Their frequencies weave through every Dragon Code Activation, and Merkis activation – all my sessions, guiding you to stand fully in your multidimensional truth.

The Dragons & Your Merkaba-Vesica Piscis Activation

These Dragon frequencies are **woven into the structure of the Merkis® Course**. Your **Merkaba** - the 12-point crystalline vehicle of light - spins with greater coherence when the Dragon Guardians hold the field.

Your **Vesica Piscis** - the sacred womb portal of creation - is held and protected by this dragon lineage. Esmeralda, as the Heart Emissary, directly works within the Vesica Piscis geometry, anchoring the feminine creation codes and protection through softness. The Dragons amplify the generative power of your Vesica Piscis, making it a portal not just of personal restoration but of collective New Earth anchoring.

The Dragons collectively amplify the **generative power** of your Vesica Piscis, transforming it from a personal restoration portal into a **collective New Earth anchoring point**. When your Vesica Piscis is activated within the dragon-held field, you are not just healing yourself - you are birthing new timelines, new possibilities, new realities through the sacred geometry of creation itself.

Together, the Merkaba and Vesica Piscis - activated through Merkis® practice and held by Dragon frequency - become your complete sovereign vehicle.

~ **Merkaba** = Multidimensional navigation, structure, light technology, masculine geometry

~ **Vesica Piscis** = Divine feminine creation, womb portal, life force, generative power

~ **Dragons** = The guardians and amplifiers who hold the field, protect the activation, and ensure coherence

Multidimensional navigation (Merkaba) meets divine feminine creation (Vesica Piscis). Masculine structure meets feminine flow. Light meets life force.

This is Merkis® – the Feminine Merkaba – my Online Course. When you practice Merkis - when you activate your Merkaba and Vesica Piscis daily - you are not doing this alone. The Dragon Guardians are present. They hold the frequencies. They amplify the spin. They protect the womb space. They ensure your field remains sovereign, coherent, and aligned with your highest timeline.

This is why Merkis is a Dragon-held, geometry-activated, sovereign embodiment technology.

Dragon Priestess Lineage & Initiatory Path

These five Dragon Guardians are my personal allies and protectors. My connection to dragon consciousness goes even deeper - into ancient lineage and sacred initiation.

Initiated by the Sophia Dragon Tribe, I have walked the path of remembrance through the sacred teachings of **The Sophia Code** - a divine transmission that awakened the full embodiment of my Dragon Sovereignty. These initiations with the Ascended Masters - including Isis, Mary Magdalene, Green Tara, and the Dragons of Sophia - activated ancient codes within me that I now carry as a living blueprint.

Through these initiations, I reclaimed my role as a **Dragon Priestess** - here to anchor crystalline frequencies for New Earth, activate divine remembrance in others, and guide souls into their own embodied mastery. My connection to the Dragons is lived, breathed, and woven through every transmission, every healing, and every space I hold.

All these transmissions have transformed me from within, expanding my heart space into a **multidimensional compass**. They are part of an ongoing journey that

continues to unveil deeper truths, guidance, and energies for the **Dragon Code Activations** I provide for others.

They assist with:

- Energetic protection and boundary mastery
- Truth alignment and soul integrity
- Gridwork and planetary anchoring
- Purpose remembrance and mission clarity
- Activation of voice and expression

My Personal Journey with the Dragon Guardians

Since that profound night in Bornem in 2023, my life has transformed in ways I could never have imagined. The arrival of these Dragon Guardians - first Ernesta, then the four others stepping forward throughout 2024 and 2025 - has fundamentally shifted how I move through the world.

The clarity with which I hear messages, for myself and clients, has upscaled – my channelling of information from the beyond has increased. Hence the Sophia Transmissions and the expanded communication of all I see, sense and feel, the aid the collective recalibration.

I stopped questioning whether I was "making things up" and started fully embodying the truth that **I am a conduit for ancient, sovereign frequencies.**

Their deep presence has solidified my trust in ways nothing else could. When Ernesta first revealed herself, I was still learning to trust my own remembrance, my own knowing. With each dragon that activated, my confidence in the power of Merkis and the Dragon transmissions I carry grew stronger.

The dragons have taught me so much – not least that sovereignty isn't about isolation - it's about standing fully in your own field while being supported by benevolent, powerful allies.

Geraldina showed me how to cut through self-doubt and external noise with precision and clarity. Esmeralda anchored my connection to the Earth and the ancient wisdom that lives in my cells. Nicoletta activated my voice as a frequency instrument, giving me permission to step into visible leadership without apology.

Sharing the truths I embody with the world – daily on social media, in my sessions and Articles on Handserenity.com. Conifer actively expanding my channel to source and further remembrance of who I am.

The biggest shift? I stopped 'waiting' for external validation. I stopped dimming my light to make others comfortable. I stopped tolerating energies that didn't match my frequency. The dragons held me through death portals, rebirth cycles, and quantum leaps - never wavering, always present, fiercely protective of my sovereign path.

Creating Merkis® was a direct result of this dragon guidance. The feminine aspect of the Merkaba - *Merkis* - was whispered to me in February 2025 without explanation. Months later, I discovered it means "The Feminine Vehicle of Light and Life Force." I didn't create this - I **remembered it**. And the dragons were there, holding the frequency, ensuring I trusted what was coming through.

Through Merkis® you activate your Merkaba and Vesica Piscis daily, you're building your own relationship with these frequencies - whether you perceive them as dragons or simply as sovereign, protective, empowering energy.

Inanna & the ME Codes – Cosmic Law & Embodied Majesty

In parallel, I have been deeply connected with **Inanna**, the Queen of Heaven and Earth, and her ancient **ME codes** - divine blueprints of creation, wisdom, and cosmic law. These codes, held and embodied by Inanna, live within my field, unlocking multidimensional remembrance and mastery - weaving directly into the essence of the Dragon Codes & Merkis Activations.

My work with Inanna strengthens this offering - activating the path of divine sovereignty, feminine power, and one's original design.

The Crystalline Framework of Dragon Code Activations

Together - the **dragons**, **Inanna**, the **ME codes**, and the **sacred geometry of the Vesica Piscis & Merkaba** - form the crystalline framework of the Dragon Code Activations:

- ✨ A return to your **original divine essence** - the sovereign blueprint you incarnated with
- ✨ A remembrance of **multidimensional truth** - who you truly are beyond this 3D reality
- ✨ A path of **embodied light and lived mastery** - not just knowledge, but full integration

Trust what you feel. Trust what you know. The dragons are already with you.

Namaste Emma 🐉
+44 (0)7949089265
emma@handserenity.com



Handserenity
Energy Alchemy